

# Intel Solid State Drives

---

In this video, Intel IT explains the benefits we've seen from using Intel Solid State Drives in our environment, including gains in productivity and reliability, and savings in energy costs.

We also show a demo comparison between a laptop with a SSD and a conventional hard drive. For more information on this subject, read the white paper [Improving the Mobile Experience with Solid-State Drives](#)

Updated Aug 31, 2009: Fixed video playback issue.